

Coco-Mango-Lassi

○ Simple

Ingredients for 4 Persons

Preparation time:

Required time: 4 Min.

Set-up time: 2 Min.

1	ripe mango
60 g	Organic Creamed Coconut
1 tbsp	Organic Coconut Blossom Syrup
2 pinches	cardamom
400 ml	cold water
1 tsp	tumeric
	fresh mint

- 1 Peel the mango and cut into cubes.
- 2 Place mango, creamed coconut and water in a blender and purée until smooth.
- 3 Put the remaining ingredients, except the mint leaves, into the blender and mix on high speed.
- 4 Fill the lassi in four glasses and serve garnished with fresh mint.